

If you become disabled and are no longer able to perform your job, and if the disability is likely to be permanent, you may qualify for a TMRS disability benefit. There is no age or length of service requirement to qualify. The cause of the disability does not need to be job-related.

To qualify, TMRS must find that:

- You are physically or mentally disabled for further performance of the duties of your employment;
- Your disability is likely to be permanent; and
- You should be retired.

If you believe you meet these criteria:

Contact TMRS. Before beginning any paperwork, call the TMRS Member Service Center at 800-924-8677 or schedule a counseling session on tmrs.com to discuss your disability, the disability application, your retirement options and run retirement estimates.

Apply for a Disability Retirement. Complete the disability retirement application that needs to be completed by you, your city, and your doctor. Then, mail your application to TMRS or have the city submit it for you through the TMRS City Portal.

Member Service Center

800-924-8677

Fax • 512-476-5576

Website

tmrs.com

Mailing Address

P.O. Box 149153

Austin, TX 78714-9153