



RetirementWise Newsletter

A Message from Our Executive Director Debbie Muñoz



During the holiday season, I think it is important to reflect on what you are thankful for, and I want to express the entire organization’s gratitude to be able to serve you. You dedicated yourself to helping your community and we consider it an honor to provide you with secure lifetime income.

Each year we are blessed with the opportunity to speak to our Members and Retirees and hear your heart-warming stories that remind us why we do what we do at TMRS.

The seasons may change, but TMRS will continue to be here for you. I wish you and your family a joyful holiday season filled with peace, warmth, and happiness!

Debbie J. Muñoz
Executive Director

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Your 2025 Tax Document

On January 30, 2026, your 2025 IRS Form 1099-R, which documents your tax withholding for the year, will be mailed to you and available in MyTMRS under the Documents tab.

To make withholding changes, log in to MyTMRS.

Governor Abbott Appoints Four New TMRS Trustees



Bryan Langley
City of Kyle



Isaac Tawil
City of McAllen



Jaime Reyes, II
City of Plano



Pamela Williams
City of Abilene

On October 21, Governor Greg Abbott appointed Bryan Langley, City Manager of Kyle, Isaac Tawil, City Manager of McAllen, Jaime Reyes, II, Assistant Fire Chief of Plano, and Pamela Williams, Human Resources Director of Abilene to the TMRS Board of Trustees.

Their skills and knowledge will be a great asset to TMRS in providing the best possible service to our members, retirees, and cities.

Beneficiary Changes After Retirement

Depending on which benefit option you selected at retirement, you may be able to change your beneficiary.

■ Retiree Life Only:

You can change your beneficiary at any time

■ Retiree Life Guaranteed Term:

You can change your beneficiary at any time

■ Retiree Life and Survivor:

You can change your beneficiary once, but only if:

■ Your beneficiary dies OR you get divorced from your beneficiary, AND

■ You get married. (This change must be made before the first anniversary of your marriage.)



You must name your spouse as your new beneficiary and reselect either 50%, 75%, or 100% for their monthly benefit payment. If you marry after you retire from TMRS and want to change your beneficiary, you must contact TMRS.

Retiree Spotlight: A Life of Paradise

In February of 1986, Howard Hart left the Marine Corps and was hired by the City of Smithville. It was at the city where Howard says he became a true public servant and began what would unknowingly become a lifelong journey with TMRS.

At the start of his career with the city, Howard was enrolled in TMRS. His mandatory participation in TMRS meant he had to hold off on his dream car, but after working with the cities of Bryan and San Antonio for a combined 28 years, Howard found he was able to retire comfortably with his TMRS benefits.

Grateful for his TMRS benefits and knowing his retirement savings had them covered, Howard and his wife sold everything they owned, boarded a plane to Costa Rica with their Labrador Retriever, and have been living what Howard refers to as “La Pura Vida” in paradise for three years.

Howard says having TMRS meant he could retire while he was still able to enjoy it. Stories like Howard’s show the benefits and possibilities of a secure financial future powered by TMRS--one of the strongest pension plans in the country.

Feliz Retirement, Howard!



Tell Us Your Story

As a retiree, your story is an important part of TMRS and we would love to feature you in an upcoming newsletter. Share what you love about being a TMRS retiree by emailing communications@tmrs.com.

2026 Benefit Payment Dates

January	30	July	31
February	27	August	31
March	31	September	30
April	30	October	30
May	29	November	30
June	30	December	31





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P.O. Box 149153 • Austin, Texas 78714-9153

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Happy Holidays!

From our TMRS Family to Yours

Retirement Benefit Statements and COLA Update

Your 2026 Retirement Benefit Statement will be posted in MyTMRS and mailed in early January. If you do not have a MyTMRS account to view your statement, you can create one at tmrs.com.

If the city you retired from adopted a COLA for 2026, it will be applied to your benefit payments starting January 30.

TMRS Recognitions

TMRS is honored to be named by the Austin American Statesman and Pensions & Investments as a 2025 employer of choice. Also, TMRS received national recognition for excellence in public pension administration.

